



BJHS

**COMMITTED TO SUCCESS
LEARNING TO LEARN
BUILDING FOR THE FUTURE**

Bloomington Junior High School

April/May/June 2009

This newsletter is published as a service of Bloomington Junior High School. If you have news about the junior high that you would like to communicate, please make contributions to:

Dr. Susan Silvey
Principal

Ms. Sherrilyn Cannon
Associate Principal

Mr. John Whitcomb
Associate Principal

Mr. Jeff Geringer
Assistant Principal

Website:
www.district87.org

Attendance Hotline:
827-BJHS
(827-2547)
Select 1234

The Attendance Hotline is available twenty-four hours a day.

Bloomington Junior High School is a part of the Bloomington Public Schools, District 87.

Dr. Robert Nielsen,
Superintendent

Board of Education:
Mrs. Cheryl Jackson,
President

Mr. John Dirks,
Vice President

Mr. Joe Butcher
Mr. Michael Harrison
Dr. Stephen Perry
Mrs. Millicent Roth
Mrs. Janet Smith

A message from Dr. Silvey

DATES TO REMEMBER:

Monday, April 13	Fifth Grade Open House-6:30 p.m. Bent, Irving, Washington
Tuesday, April 14	Fifth Grade Open House-6:30 p.m. Oakland, Sheridan, Stevenson
Thursday, April 23	Seventh/Eighth Grade Chorus Concert-Cafetorium 7:00 p.m.
Friday, April 24	NO SCHOOL—School Improvement Day
Thursday April 30	Eighth Grade Band Concert-Cafetorium 7:00 p.m.
April 27-May 1	Outdoor Education Week 1—7H & 1/2 of 7B
May 4-May 8	Outdoor Education Week 2—7J & 1/2 of 7B
Monday, May 11	Sixth Grade/Show Choir Concert-Cafetorium 7:00 p.m.
Tuesday, May 12	Honor Society Initiation—Cafetorium 6th Grade—6:30 p.m. 7th and 8th grades—7:30 p.m.
Thursday, May 14	String Extravaganza at BHS—7:00 p.m.
Tuesday, May 19	POPS Concert —Cafetorium 7:00 p.m.
Monday, May 25	NO SCHOOL—Memorial Day
Monday, June 1	BJHS Awards Night—Gymnasium—6:30 p.m.
Monday, June 1	Seventh grade trip to Fairview Water Park
Wednesday, June 3	Eighth Grade Trip to Six Flags—8B, 8J & 8H
Thursday, June 4	LAST DAY! Students report 8:00-8:15 a.m. Due to the use of snow days, this is the new date for the last day of school.

AWARDS NIGHT AT BJHS

This event will showcase the various talents of our sixth, seventh, and eighth grade students. We encourage you to attend this event on Monday, June 1, 2009, at 6:30 p.m. **Letters will be mailed in mid-May to parents of students who will receive an award(s) that night.**

Important Reminders!

About your student's lunch account:

The last day any charges will be accepted on a student's lunch account is May 8, 2009. All outstanding debts must be paid on or before this day. If you still wish to put money in a student's account for him/her to draw from, you will still be able to do so. All leftover funds will be transferred to that student's account for the next school year. If a student transfers or withdraws from District 87, arrangements will be made for a refund of lunch funds. If you have any questions or concerns, please call Marc Dietz at the BJHS cafeteria.

About your student's library books:

All buildings in the district have set the last day for book checkout for students as Friday, May 8th, with all library books to be returned to school **no later than May 22**. Please be sure to remind your student to check his/her locker and return any library materials by this date.



TWO VERY IMPORTANT MESSAGES FROM THE NURSE:

ATTENTION PARENTS/GUARDIANS OF 6TH GRADE STUDENTS

Dental Examination Requirement



All Students in Illinois are required to show proof of having a dental examination as mandated by the State of Illinois (Public Act 93-946). The Act requires all children in Kindergarten and the 2nd and 6th grades of any public, private, or parochial school to have a dental examination. It provides that if a child in the 2nd or 6th grade fails to present proof of having been examined by a dentist by May 15th of the school year, the school may hold the child's report card until one of the following occurs: (a) the child presents proof of a completed dental examination or (b) the child presents proof that a dental examination will take place within 60 days after May 15th. It also requires the Department of Public Health to establish, by rule, a waiver for children who show undue burden or a total lack of access to a dentist.

Please call the School Nurse for BJHS with any questions or requests for a dental form.

ATTENTION PARENTS/GUARDIANS OF 8TH GRADE STUDENTS

High School Registration Requirements

It is not too soon to begin setting physician appointments for the required 9th grade physical exams and immunizations. On registration day at Bloomington High School in August 2009, your student's first stop will be the nurse's table. In order to continue through and complete registration, your student **MUST** have the following:

1. The State of Illinois DHS Certificate of Child Health Examination form completed and dated no earlier than one year prior to the first day of school. The exam form needs to have all portions completed. Please remember to fill out the health history section and sign on the parent/guardian line. Your physician must complete the exam portion, including assessing your child's body mass index (BMI) and diabetes screening or the form will be considered incomplete and not accepted. **The IHSA sport's physical form will NOT be accepted as a 9th grade physical.**
2. Documented proof of required immunizations including any needed boosters. Most students will need to have a Diphtheria/Tetanus booster.

If these items are not complete and available, your student will NOT be able to continue with the registration process. Please help make this exciting transition into high school a smooth one for your student. You are encouraged you to make the necessary appointments now, instead of waiting until August. Please call the School Nurse for BJHS regarding the status of your student's health record.

Have a safe and healthy summer!

Department News

.Northlawn Mathematics Contest

On March 16th, 12 BJHS mathletes competed in the Northlawn Mathematics Contest. 10 Schools from the area participated in this event.

6th grade team members were : Will Bauer, Elliot Lusk, Sabrina Matsuda, Jessica Menendez, and Leah Yuhas

7th grade team members were: Mason Folse, Alex Scott, Guy Youngs, and Ryan White.

8th grade team members were: Joseph Clay, Sam Doud, and Kent Frantz.

Will Bauer placed 3rd in the 6th grade competition.

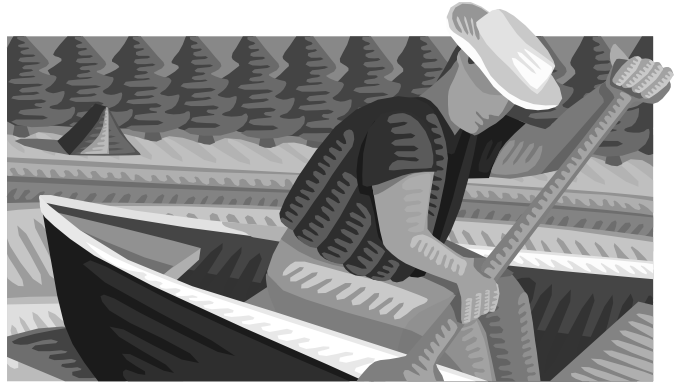
The 6th grade team placed 2nd in their competitions.

Bloomington Junior High School placed 5th overall in the event.

Outdoor Education

Information about campers' family groups, packing lists, menu, and medication forms have been mailed home. If you did not receive your information, please contact Ms Shaw.

If your son or daughter will need to take medication during his/her stay at camp, please complete the medication form and have it signed by your doctor and returned to the school as soon as possible. This form will also need to be completed for all over-the-counter medications. **All medication must be in the original packaging.** The medication and medication form must be returned to the main office by April 23rd for Week 1 and by May 1st for Week 2.



Please notify Ms. Shaw immediately if your child will not be going to Outdoor Education. At this time, students choosing not to go to Outdoor Education will not be refunded the Outdoor Education fee. Refunds will only be given to students that are unable to attend due to a medical excuse.

Please sign-up to volunteer your time. We are in need of help during our Saturday, April 18th work day. Meet at B.J.H.S by 7:45a.m. and be sure to bring a sack lunch. Please consider helping all day or part of the day!! All help is appreciated!! Please contact Ms Shaw , Laura Dirks or Chris Leifheit to let them know you will participate. **Also, we will need help in the kitchen any day during camp, especially on May 7th or May 8th when we organize and store all the O.E. equipment.**

If you are interested in helping and haven't completed a volunteer form, please contact Chris Leifheit at 663-0246 or leifheit@bigfoot.com or Laura Dirks at dirks.family@comcast.net or 828-4794.

Thanks to all volunteers who have signed up already! Information about volunteering and directions to camp will be sent early April.

Wish list:

Old towels, hot pads, oven mitts, plastic grocery sacks, clean egg cartons, gently used cooking pots, and stainless steel utensils.

Thanks!!! Send to school in a bag or box labeled Outdoor Education

Don't hesitate to contact Ms. Shaw or Mr. Taylor at 827-0086 if you have any questions about OE



Functional Foods -- Foods for Good Health, Part 3

Again this month we are continuing to discuss the foods that can provide health benefits to you. Previously mentioned were (1) soluble fiber – cereals, dried peas and beans, fruit; and (2) tree nuts – almonds, hazelnuts, macadamias, pecans, walnuts, pine nuts, and pistachios. The third food(s) that may lower your blood cholesterol level is soy protein. Soy beans are a high quality source of protein from plants. Soy beans are high in fiber, vitamins, minerals and the essential omega-3 fatty acids. Unlike animal protein, soybean protein is vegetable so it does not contain

cholesterol. Foods that contain soy protein include tofu, soy milk, soy yogurt, tempeh, edamame, and soy nuts. Two to four servings a week would be adequate. The benefit is gained from eating soy foods, not soy supplements. Remember to add these new foods to your diet slowly. All of these foods are a safe, inexpensive way to manage heart disease risk. Many of these foods are high in fiber and may give unpleasant side effects if eaten in too large a quantity and eaten too often. So start slowly with these new functional foods, gradually increasing your servings. Drink plenty of fluids to balance the additional fiber.

Healthy Hint:

Make it a habit to have your students always cough into their elbow.

This health tip and more can be found at <http://www.healthtips.com/archive.php>