



Bloomington High School is a diverse community that supports lifelong learners who are responsible and productive citizens in our global society. Together we will provide a safe environment that guides students to reach their full potential in pursuit of academic and personal fulfillment.

Course Title: 081820 Foods I (Semester; ½ credit)

Course Description: This course allows students to develop the skills necessary to plan and prepare nutritious meals and snacks. Experiences in the foods lab will help students learn proper cooking techniques and meal management while working in a group setting. In addition to a study of basic nutrition, special interest credits may examine a variety of topics such as sports nutrition, ethnic cooking, cake decorating, and consumer product testing. The culminating assessment would be the ServSafe exam. This exam, and the certificate it awards when passed, is a requirement for employment in most restaurants and food-service establishments. Normally, when hired, the employee cannot begin working until they have passed the ServSafe exam, and the cost of the exam is taken out of their first paycheck. Passing this exam in Foods 1 gives them a leg-up for employment.

Units of Study:

- Food Safety and Sanitation
- Knife Skills & Techniques
- Equipment & Culinary Terms
- Standardized Recipes, Measurements, and Culinary Math
- Baking Methods
- Herbs and Spices
- Meats & Cooking Methods
- Eggs
- Dairy

Texts and Required Readings: N/A

BHS Grading Scale and Policy:

The semester final grade is obtained from running semester grade (80%) and the semester final exam grade (20%). This means that you will have already earned 80% of your final grade by the time you reach semester exams. Semester exams are required. [BHS Handbook, pg. 17](#)

90-100% = A

80-89% = B

70-79% = C

60-69% = D

Below 60% = F

BHS Makeup Work Policy:

All students are expected to do makeup work in a timely fashion. It is the student's responsibility to obtain assignments prior to a pre-arranged absence, and immediately upon return for all other absences. General rule: one day absence affords one day to complete formative makeup work. For summative, students should expect to complete on the day of return. Failure to complete makeup work by the teacher deadline will result in a zero/missing in Gradebook. [BHS Handbook, pg. 37](#).

Discussing Controversial Issues in the Classroom

The guidelines set forth by the District 87 Board Policy 6.070 will be used handling controversial issues in the classroom. Please contact your teacher if you have any questions.