

# 2022-2023 BJHS Dance Team Tryout Info Packet

## STATS

Competitive Club

Competes in two IDTA Categories-Currently 2nd in State in Hip Hop  
Performs at Home 8th-grade boys Basketball Games,  
Pep Assemblies, Parades and Community Events

## 2021-2022 Tryout Information


Mandatory Tryout Clinics @ BJHS: 4/11 & 4/12 from 3:30pm-5:30pm  
Tryouts @ BJHS: 4/13 3:30pm-?

**Coach Nikki Meyer**  
[meyern@district87.org](mailto:meyern@district87.org)  
309-826-9909

**Coach Daynna Hebenstreit**  
[hebenstreitd@district87.org](mailto:hebenstreitd@district87.org)  
309-838-9193



**In order to try out, you must complete the steps below before the first day of clinics:**

- \_\_\_\_\_ 1. Online Registration Completed at <https://www.district87.org/domain/1913>
- \_\_\_\_\_ 2. Complete the Tryout Application at <https://forms.gle/1v8gQFbbyoS2t6396>
- \_\_\_\_\_ 3. Ask three teachers to complete a recommendation form via the link below.  
Recommendations are due 4/13 @ 3:00pm  
<https://forms.gle/tZz4MvRZpqbLybNo8>
- \_\_\_\_\_ 4. Review the practice calendar at  22-23 BJHS Dance Calendar

### **COVID Tryout Information**

- 1. Only dancers are allowed at tryouts. No outside spectators will be allowed.
- 2. Dancers must follow the masking guidelines set forth by District 87, IHSA, and BJHS Athletics Dept.
- 3. Social distancing will be maintained as much as possible during tryouts.
- 4. Dancers should bring a water bottle. Refilling stations will be available.
- 5. Dancers will have to sign in and be screened for any symptoms of COVID-19. If you have symptoms PLEASE do not attend, and contact Coach Nikki.

## BJHS Dance Team Summer Expenses Breakdown

Listed below is an itemized list of expenses, this will give you an idea of what to expect in terms of financial obligations. The largest sum of money is due right after tryouts due to deadlines for camp. This list is not inclusive and must be realized by all members and parents/guardians that additions must be made from time to time. Great care is taken by the coach to keep costs as low as possible. No student will be eliminated from participation due to financial need. Fundraising will be done (if possible with COVID) to help offset some of the costs. Fundraising is limited for each organization, so not all costs will be covered. Each member is responsible for all costs that are not met through fundraising. All items need to be paid in full before any item can be ordered!

### Mandatory Expenses

Item	Price	Due Date
UDA Summer Camp	\$414	April 27th
Camp/Practice Clothes	\$100	May 18th
Choreography Free	\$100	May 18th
Cheer Bow	\$25	June 15th
<b>Following items only if you don't already own them:</b>		
Dance Sideline Dress	\$160	April 27th
Warm Up Jacket	\$100	June 15th
Tan Dance Shoe	\$35	June 15th
Dance tights (2 pair)	\$10	June 15th
Dance Bag	\$45	June 15th
Team Tennis Shoes	\$50	Purchase on Own
Competition Uniforms	\$15-\$350 *depending on # of routines	TBA

### Optional Summer Opportunities

Twin City Ballet Team Class	Wednesday Afternoons July 6th-Aug 10th *Exact times/price TBA* *No class July 13th due to UDA Camp*
Team Tumbling	Technique Tumbling *Info TBA*

Judge # \_\_\_\_\_

Dancer # \_\_\_\_\_

**BJHS Dance Team Score Sheet**

Rate each of the following criteria on a scale of 1-5, 1 being poor and 5 being outstanding  
(Total of 50 Possible Points)

	<b>Comments</b>	<b>Score</b>
<b>Routine Scores:</b>		
Memorization (5)		
Facials (5)		
Sharpness/Execution (5)		
Confidence (5)		
Own Choreography (5)		
<b>Technical Scores:</b>		
Splits (5)		
Turn (5)		
Leap (5)		
Optional Technique (5)		
<b>Overall Impression (5)</b>		
<b>Total out of 50</b>		

# Bloomington Junior High School Dance Team

## By-Laws

### **Purpose:**

1. Promote and uphold positive school spirit through precision dance.
2. Entertain audiences at pep rallies, basketball games, parades, competitions, and other scheduled events.
3. Commit to achieving goals through dedication and perseverance.
4. Represent the school and community in a positive and appropriate manner at all times.

### **Requirements/Eligibility**

1. Students must be registered students of Bloomington Junior High School as written in BJHS policy.
2. All members must have a current physical according to BJHS policy.
3. Members are required to be in good academic standing to participate in scheduled events per BJHS policy.
4. All dance team members are expected to participate in fundraising events. I ask that each member do their part to raise the needed funds to support the dance team program.
5. Each member must be available to perform at all scheduled basketball games, pep rallies, parades, competitions, and any other scheduled community event.
6. Dance team must take priority during the dance team season. Members must have pre approval by the coach if unable to attend any scheduled practices or events.
7. Each member must set an example of good behavior at all times (in uniform or not), during class, at games, and at all school functions whether performing or not.
8. During competition season (October-Feb) dancers are not allowed to have false nails, get new piercings, get new tattoos, or dye their hair unless it is a color found in nature. Violation of this rule can result in being pulled from the competition at the coach's discretion.
9. Must abide by the BJHS athletic code of conduct.

### **Practices:**

1. Must attend scheduled practices, 2-3 times a week and any additional practices scheduled as needed.
2. If a practice is missed, the dance member is responsible for learning the new material prior to the next scheduled practice, unless previously arranged with the coach.
3. Dancers must arrive at practice on time and ready to go. I will not wait for you if you come unprepared.

4. Must not leave practice early without prior approval from the coach.
5. If you miss the practice directly before a performance, you will not be allowed to dance at that performance.

### **Absences/Disciplinary Action**

1. Discipline and cooperation are mandatory. You will be expected to work as a TEAM at all times, respect each other, your captions, and your coach. Always remember, the team comes first and the coach and athletic department will have the final word on all matters.
2. Outside activities are NOT considered excused absences from practice and/or games.
3. The team schedule can be demanding. Each member must make a total commitment to the team.
4. Dance Team is a competitive club, if you are unable to fully participate in practices and/or performances you may be removed from the competitive team at the coach's discretion.
5. Other activities not considered excused absences include, but are not limited to: conflicting BJHS sports, outside sports, instrumental lessons, club activities, doctor/dentist appointments, birthday parties, baby-sitting.
6. No dancer will be permitted to participate in a practice or a game if they are absent from school during that day.
7. You will have until the next scheduled practice to learn all material unless extenuating circumstances apply and have been communicated with the coach. Failure to learn the material may result in removal from your place in a routine or being benched during a performance.

The following rules will be strictly enforced when it comes to unexcused absences:

1. One unexcused absence will result in a verbal warning.
2. Two unexcused absences will result in a written warning, and a call to the member's parent/guardian.
3. Three unexcused absences are grounds for removal from performances.
4. Four unexcused absences are grounds for removal from the team.
5. Insubordination and other offenses from the school's disciplinary code will result in consequences decided by the coach/and or as outlined by BJHS policy and procedure up to immediate removal from the team.

### **Conduct**

1. Members of the BJHS Dance Team must recognize that at all times they are representing themselves, the team, and the Junior High School.
2. As long as you are a member of the team, you must conduct yourself in a manner that will bring credit and respect to yourself, the team, and the school. Team members must refrain from inappropriate, improper, personal behavior, including all social networking sites and cameras (including but not limited to: Facebook, You-tube, Twitter, Texting, Snapchat, Instagram, Tik-Tok etc). If a dancer violates this rule, consequences will be given by the coach, athletic department and or school

administration up to and including immediate removal from the team.

3. Dancers must also refrain from any and all illegal activities, and the use of tobacco, (cigarettes or vaping) alcohol, drugs and narcotics.

### **Try-Out Process**

1. No potential member will be allowed to participate in tryouts without completing the athletic online registration, and have a current physical on file with the Junior High School prior to the first day of clinics.
2. The Tryouts will be held in the spring of each school year for the following school year. If needed an additional tryout may be held in the fall for any new or incoming students.
3. Qualified judges will evaluate candidates. Tryouts will be judged on, but not limited to, the following:
  - a. Dance Skill- sense of rhythm, sharpness and precision, finishing of steps, memory, technique, etc.
  - b. Execution- knowledge of routine, mistakes, recoveries, etc.
  - c. Performance ability-projection of confidence, smile, energy, etc.
  - d. Every dance team member must go through the same audition process regardless of previous team membership.
  - e. The results from the try-out process will be posted as soon as the scores have been calculated.
4. Prospective dancers will be responsible for giving three teachers of their choice the "Teacher Evaluation Form" and notifying the teacher what it is for, and when it is due. The scores from these forms are kept confidential unless requested in writing up to 48 hours after tryouts. Scores received from the instructors will be added to the dancers overall tryout score.

### **Team Captain Selection and Responsibilities**

1. The coach will select the team captain(s).
2. Members must have been on the dance team for at least one year prior to being eligible to be selected as a captain.
3. Captains will be selected each school year, and being a captain one year does not promise you will be selected the following year.
4. Captains motivate team members in practices, performances, and events.
5. Keep track of paperwork and report disciplinary problems to the coach as needed.
6. Lead by example:
  - a. Be on time
  - b. Participate at all mandatory practice and events
  - c. Be cooperative with the coach and fellow team members
  - d. Arrive prepared for all practices, games and events
7. Keep team members focused and on task at practices and events.
8. Captains are required to learn all of the choreography, and be available to help fellow team members if needed.
9. The position as captain may be terminated if the dancer does not fulfill their responsibilities, cause conflict within the team, or act in an inappropriate fashion as

deemed by the school code of conduct/and or coach.

### **Managers:**

1. During the tryout process dancers will be asked if they would like to be considered managers.
2. Managers are selected by the coach during the tryout process.
3. Managers are expected to attend all practices, games, competitions, and other events with the team.
4. Manager's responsibility includes but is not limited to: taking attendance, music, setting up the dance practice area, makeup/hair for competitions, assisting with team finances, and overall supporting the team members.
5. Managers have the opportunity to participate in sideline dances and parades if the manager has shown they know the material to a level fit for performance at the coach's discretion.
6. Managers are highly encouraged to practice with the team to improve dance skill.

### **Uniforms/Practice Wear:**

1. Uniforms and practice wear must be kept clean and in good condition.
2. Dancers will be informed of what practice wear is needed for that day. If a dancer does not have the appropriate attire they will be benched from that practice at the coach's discretion.
3. Each member is encouraged to mark his or her name in each piece of their personal uniform/practice clothing.
4. Uniforms that belong to the dance team will be marked with a number and assigned to each dancer. These uniforms must be returned in "like-new" condition upon completion of the dance season with each member assuming 100% liability for these articles.
5. Only members of the BJHS Dance Team will wear the dance team uniforms.
6. Team members must be responsible for ALL team apparel for each practice/event. It is extremely important that all uniform pieces required for each performance are readily available at any given time. Please remember that if you are missing even one piece of a uniform, this affects the entire team's appearance and could possibly jeopardize the performance.
7. If a member comes to a practice or performance without all the required uniform that member may be benched at the coach's discretion.

### **Competitions**

1. The team will compete in the IDTA series.
2. Competitions will be announced as soon as the schedule is released.
3. All members are expected to participate and follow the rules and regulations of the competition.