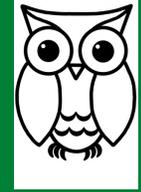




TIPS FOR SUCCESS DURING REMOTE LEARNING



Remote learning can be challenging for students, teachers and families alike. We have all experienced our own successes and failures during this time; and with that in mind, we would like to share a few tips to help set your child up for success during remote learning at Oakland School:

FOLLOW A SCHEDULE

Students thrive on structure. When things are unpredictable, a tool students need is a daily schedule. Have students wake up, get dressed and out of bed for class each day just as they would if they were attending school in person.

SET DAILY GOALS

Setting goals helps give our day purpose. When goals are achieved, it gives us a sense of accomplishment. Break down assignments into sections and focus on one section at a time.

MOVEMENT

Movement is mandatory for sustained energy and focus. Encourage breaks and stepping away from their workspace. Walking outside to get some fresh air a few times a day can make a huge difference in mood and motivation

ASK FOR HELP

A student's ability to advocate for themselves and ask for help will help set them up for success! Don't allow them to wait for the teacher to reach out- have them ask questions through email or google classrooms

CONNECTION

Have your child turn their camera on during class to feel more connected with their teacher and classmates.

FOCUS ON EFFORT

Any type of positive feedback is important! This is a great time to praise your students' efforts and celebrate any positives you see in how they approach learning or how they are connecting with teachers!

SCHOOL WORK REFUSAL- We understand remote learning may not be easy or ideal. It's ok to reach out for extra support if your student is not engaging in online work. This [resource](#) has great tips of how to encourage the most reluctant learners. We are in this together!