

Oakland News



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Bloomington Public Schools District 87

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Message from Mr. LaFrance

Welcome to Fall Oakland families! We are now seven weeks into the school year, and it has been a great start. How are the family goals and individual goals been going? Have you had a chance to start them? This challenge was to create a new rhythm for you and your entire family. If you didn't get a chance to see last month's newsletter, please check our website where we post any previous newsletters.

In our house, the back to school plan consists of taking on homework straight after getting home. Even though this has not been the easiest, we have been intentional with setting some time aside. We also have a dedicated place for this endeavor away from distractions. That does include any kind of electronics off (Unless they are part of the assignment). At home, we talk about both academics and behaviors. This includes many social-emotional skills that includes dealing with their own feelings and how to help others. Raising self-confident, motivated children who care for themselves and others. I truly enjoy each day when I have the opportunity to talk with our students about the choices they make. Love and Logic has a quote on their parenting site that says, *"The quality of life is based on the quality of my choices."* This statement is true for our children and ourselves. How are my choices impacting my day? What do some of my choices model for those around me? There are times I need to remember that I have influence in the things I say and don't say.

One tip for this month is communicating "I messages" often helps. "I, messages," tell the other person where I stand rather than what they need to do. "I, messages" tend to be assertive rather than aggressive. Instead of telling our children, "Be quiet" (which I am guilty of) a wiser parent at times might say, "I would appreciate less noise, please... Thank you," in a tone of voice that imparts love and assumes compliance. See if you can utilize an "I statement" today with your child or significant other.

As we settle into our routines please let me take some time to share some reminders.

- Parent Conferences are coming up. Please make sure you are signed up to hear all the amazing things going on with your students and their growth.
- Side Circle Drop off - Please drop all students off on the passenger side. Students should exit on own and walk straight up to the school. We have two teachers that will help with making sure all students enter the building. Please pull all the way up to spot one to allow five cars to pull up and drop off at the same time. Only turn right out of the driveway to keep cars in and out.

Gratefully yours, Mr. LaFrance

Principal

Mr. David LaFrance

Address

1605 E Oakland Ave
Bloomington, IL 61701

Phone

309-662-4302

Fax

309-663-4385

Website

www.district87.org/oakland

Facebook

Oakland Owls D87

Twitter

@OaklandOwlsD87

Instagram

@oaklandowlsd87

Hoot at Home



During the month of October, our students will be learning about the valuable skills of perseverance. Perseverance is the drive that helps you keep working, even when you want to quit. Having perseverance means that when you are facing a challenge, you use your mind and your body to overcome it. Perseverance is the golden ticket target for October. We will be watching for students to display aspects of perseverance during the month of October.

Here are a few tips to teach perseverance to your children at home: (adapted from paretttoolkit.com)

- **Regularly encourage children to try new things.** No one is perfect at anything when they start, and this is a great way to show your child that falling down or not winning isn't the end of the world.
- **Adjust the degree of perseverance needed.** If children need a small challenge, present one related to activities they already have ability in. If they need a bigger challenge, take them out of their prior-experience comfort zone.
- **Share some instances when you've needed perseverance and grit to accomplish a difficult task.** We don't often talk about our earlier failures, so children sometimes think that adult successes all come with ease.

- **Be overt.** Tell them that they are working on perseverance skills and let them know that struggle and failure are likely.

- **Be there for them when they do struggle or fail.** Provide support, help them evaluate why things weren't successful, and guide them in determining how to re-plan and try again.

- **Encourage them.** Don't reward or congratulate them only for achievement. Recognize effort and perseverance as well.

Physical Education



We are off to a great start this year in PE! Mr. Wolfe and Mrs. Romer have had the students doing a lot of fitness activities, fun games, and they have also been practicing soccer skills.

We have had some beautiful days that allowed us to be outside, but have remained inside on the really hot days. Kindergarten students have been learning the routines and expectations of PE and have been doing an excellent job!

Please remember to send your child in proper PE shoes on their PE days. They have PE 3 times per week. Sandals and crocs can be dangerous as we run, skip, and jump throughout the gym. We are excited for a great new year!

Library



We had our first Camp Read S'MORE campout in the library at the end of September! The campfires were lit, the lights were turned down, and we had plenty of flashlights to use while reading. Students were able to focus on reading and discuss certain books and topics with Mrs. Martin. If you would like to be a surprise guest at a camp out in the future, please let Mrs. Martin know.

Book Fair

Put it on your calendars-the Fall Scholastic Book Fair will be held November 12-14th. Class shopping schedules and walk in shopping hours will come soon.

Parent Teacher Conference Week

Conference week is Oct. 7-11th. Please feel free to stop in the library and check out our space! I look forward to meeting many of you this week.

Volunteers

Would you like to volunteer in the Library Media Center? If you have an hour or two a week you can spare contact Mrs. Martin at martins@district87.org. Volunteering is a great way to see firsthand all the wonderful things students do at Oakland school.

Spanish Club



Spanish club meets on Monday mornings from 8:45-9:00 AM.

PTO News



Please join us for the room parent social and PTO meeting on Thursday, October 3 at 6:30pm in the Library Media center.

Looking to volunteer? We have lots of opportunities! Please contact oaklandpto@gmail.com

Hoot Hoot Hurray Café



- National School Lunch Week – October 14-18
 - “What’s On Your Playlist” is the theme this year. We will have prizes all week
- Halloween Lunch Special – October 31
 - Hot lunch will be Halloween Chicken Nuggets

October 2019

Nurse's Corner



- **Kindergartener eye exams are due by October 15th, please turn yours in ASAP.**
- Please make sure to bring your students' inhalers to school with a medication authorization form signed by a parent/guardian and doctor.
- If your student has a food allergy make sure to complete a food allergy form.
- I have already started performing vision and hearing screenings and will continue into October.
- Our annual **FREE** dental clinic is scheduled for Thursday, December 5th at Oakland. A flyer will come home soon; please complete the form and return it to school if you want your child to participate.
- All kindergartners and 2nd graders are required to turn in a dental exam to school nurse by May 15th, 2020.
- Students who have a fever of 100 degrees or above, diarrhea, a contagious rash or illness, or vomiting should not attend school. They should be free of illness or fever for 24 hours before returning to school.
- When you call your student in sick please be as specific as possible. We have a student that is very immunosuppressed and we would like to keep our student safe. Please report

all illnesses like chicken pox, strep, and fevers to the school office.

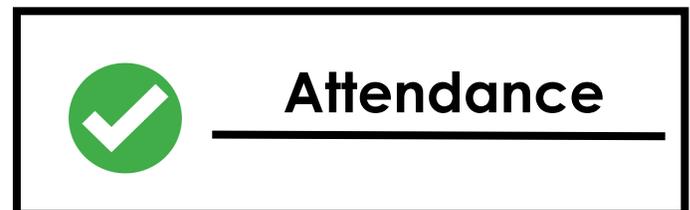
- If you have any questions please feel free to call or email me, Nurse Colleen 309-662-4302 or spaniolc@district87.org

Dine to Donate



Dine to Donate at Portillo's from 3:00-9:00 PM on Tuesday, October 29!

Attendance



All student absences should be reported to the office by 10:00 am on the day of the student's absence. The phone number for the school is (309) 662-4302. State law requires schools and parents to attempt to contact each other when a child is absent. Please assist us by calling first. You can also report a student absence by sending an email to oaklandAttendance@district87.org

Please make sure your children are on time to school. Our school day begins at 9:00 AM. Any students that are not in their classroom before the 9:00 bell will be marked tardy. If you drop off your children at 9:00 or after, you must come into the office to sign them in.

Reminders

School Visitors and Volunteers

- Please sign in at the office every time you visit the school. We appreciate our parents and volunteers who come to the school on a regular basis, however, school safety requires everyone to come to the office, sign our visitor log, and wear a visitor badge. Please sign out on the log when you leave. We appreciate your assistance in keeping our school safe!
- To help ensure our students are safe we require volunteers to complete a form and return it to the office. This process takes about a week and needs to be completed prior to working in the school.

Transportation Changes

- If your student needs to go home a different way than they normally do, please send a signed note to school with your student. If it is a last minute change, you should call the office. We do not send kids home a different way than their original plan unless we are notified by the parent.

Mark Your Calendar



- Oct 1-22- Boon Supply Fundraiser
- Oct 2- Walk to School Day
- Oct 3- Room Parent Social @ 6:00
- Oct 3- PTO meeting @ 6:30
- Oct 7-11- Parent Teacher Conference Week
- Oct 11- No School- Parent Teacher Conferences
- Oct 14- No School- Columbus Day
- Oct 15- 3rd grade field trip
- Oct 15- Kindergarten Vision Exams Due
- Oct 29- Portillo's Dine to Donate
- Nov 3- Daylight Savings Time
- Nov 7- PTO Meeting
- Nov 12-14- Fall Book Fair
- Nov 14- Family Fun Night
- Nov 19- Fall Picture Retake Day
- Nov 19- Monical's Dine to Donate
- Nov 27-29- Fall Break

Side Circle Procedures



Before school drop off and after school pick up of students can be a hectic time. We believe strongly that students will be safe and dismissed efficiently if adults and students are respectful of the following side circle (enter through the parking lot) guidelines:

Students must load on the curbside. Please have the children get into and out of the vehicle on the passenger side only.

There is no parking in the side circle drop off area during arrival and dismissal times.

In addition in the morning, parents should not block the circle waiting for the 8:45 morning bell. Students who eat breakfast may be dropped off beginning at 8:30 am.

Students must sit on the designated line quietly until their driver nears the pick-up area. On cold or wet days, the students will stand. Students are expected to watch for their ride and listen for their name to be called by a teacher for loading.

Cars must clearly display a name card for the student(s) they are picking up. This card is best seen by the teachers when displayed from the rearview mirror with a clip hanger or attached to the back of the passenger sun visor. Name cards are available upon request. Contact the office.

Teachers will call for the student(s) and send them to one of the colored cones.

Students are not allowed to approach the loading area until they are called.

Patrols are, first and foremost, fifth grade students who are assisting teachers in their before and after school duty. Their main job is to walk children safely to a designated pick-up spot. Patrols may help open car doors, but it is not required.

Students must wait until the car has stopped in the loading area before approaching the door.

Parking and leaving your vehicle is not permitted in the side circle. If you must come into the building, please park in a visitor space or use street parking.

The handicapped parking space is for disabled people who need to enter the building or for loading a child who is disabled. It is not a waiting area for dismissal time.

When exiting the parking lot for drop off or pick up, no left turns are permitted.

On rainy days or days when the wind chill is below 20 degrees, side circle students will be dismissed from inside the building. Students who typically meet parents on the patio just outside the south cafeteria door will also be sent to this inside dismissal room. Parents may walk up to the exterior door for pick up.

The speed limit for the parking lot and front circle drive is 7 miles per hour. Using a cellular phone in school zones is illegal in the state of Illinois.


October Calendar

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Walk to School Day	3 6:00-Room parent social 6:30-PTO Meeting	4	5
6	7 Parent Teacher Conference Week Flying Horse "If I Had \$100" due	8	9	10 Flying Horse "Fall/Halloween" due	11 NO SCHOOL Parent Teacher Conferences	12
13	14 NO SCHOOL Columbus Day	15 3 rd grade field trip All Kindergarten Vision Exams Due	16	17	18 End of 1 st grading period	19
20	21 Flying Horse "My Favorite Book" due	22	23	24	25	26
27	28 Flying Horse "Heroes" due	29 Portillo's Dine to Donate PTO Fundraiser	30	31		

October School Lunch Menu

October 2019

Elementary Menu

LUNCH


 Online Menu: <https://district87.nutrilabca.com/>
 Follow Us:
 Twitter: @District_87
 Instagram: @District_87
 Facebook: District 87

Monday

Tuesday

Wednesday

Thursday

Friday


Nutrition Tip: Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients that support good health. Choose fruits and red, orange, and dark-green vegetables such as tomatoes, sweet potatoes, and broccoli.
 Reference: USDA MyPlate

1

Orange Chicken w/ Rice
Edamame
Fortune Cookie
Fruit
Milk

2

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

3

Chicken Tenders
Sweet Taters
Animal Crackers
Fruit
Milk

4

French Toast Sticks
Tri-lators
F&V Slush
Syrup Pancake Cup
Fruit
Milk

7

Breaded Drumstick
Potato Smiles
Biscuit
Fruit
Milk

8

Soft Shell Taco
Taco Fiesta Beans
Shredded Cheddar
Salsa
Fruit
Milk

9

Mini Corn Dogs
Green Beans
Fruit
Milk

10

Breaded Chicken on Bun
Sun Chips Mix
Parmesan Flavored California Blend
Fruit
Milk

14

HOLIDAY

15

Lasagna
Tossed Salad
Garlic Knot
Fruit
Milk

16

Hot Dog on Bun
Baked Beans
Fruit
Milk

17

Chicken Nuggets
Mashed Potatoes
Fruit
Milk

21

Rib BQ on Bun
Broccoli w/ Cheese
Fruit
Milk

22

Orange Chicken w/ Rice
Edamame
Fortune Cookie
Fruit
Milk

23

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

24

Chicken Tenders
Cheeseburger
French Fries
Fruit
Milk

28

Breaded Drumstick
Potato Smiles
Biscuit
Fruit
Milk

29

Soft Shell Taco
Taco Fiesta Beans
Shredded Cheddar
Salsa
Fruit
Milk

30

Mini Corn Dogs
Green Beans
Fruit
Milk

31

Breaded Chicken on Bun
Sun Chips Mix
Parmesan Flavored California Blend
Fruit
Milk

