

Oakland News



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Bloomington Public Schools District 87

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Message from Mr. LaFrance

Dear families and friends,

Happy 2020! While we have been on our Winter Break the past two weeks, I hope you have had a chance to connect with your children more. This was our conversation as I met with a small group of friends recently. The break allowed us to spend more time as a family to have fun, make memories, and, as always, there was a healthy dose of conflicts amongst us all.

As parents/caregivers, we all have opportunities to grow. I recently started reading a book about family first and it reminded me that our most important job can be parenting our children. We can't leave it to chance or let their friends teach them. We need to be intentional in equipping our kids. This means taking whatever moments we have to have conversations about the right way and the wrong way.

This month, we are focusing on respecting adults. In a time where it is glamorized to make fun of others or not listen to the direction of adults. We are taking an intentional step to model the importance and value in respecting all adults, no matter their position in our school. As adults, we also have to model this value that we want to raise up in our children.

What ways are we modeling our interactions with others? What about if we disagree? Are we able to respectfully disagree?

This month, we are focusing on the importance of respect. Join us in talking with our children about the Golden Rule. "Do unto others as you would have them do unto you."

I have a few reminders for you as we start a new semester:

- Bedtime routines and getting enough sleep are very important for academic success and good behavior
- Dress appropriately for cold weather (hats, gloves, etc.)
- Take the 5Essentials survey: <https://survey.5-essentials.org/Illinois/>
- If your student will be absent from school, please either call the Oakland office at 309-662-4302 or email us at oaklandattendance@district87.org

I am looking forward to a great second semester!

Mr. LaFrance

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Hoot at Home

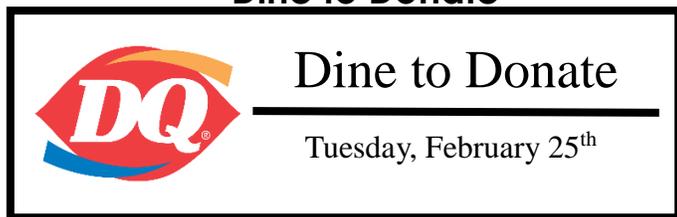


January’s golden ticket target is all about RESPECT. This month we have a booster activity and video designed to help them understand how to show, give, and earn respect both at home and at school. We hope you read about the ‘7 Ways to Show Respect’ listed below and start to incorporate some of these ideas with your children at home.

7 ways to show you're
All About
RESPECT



Dine to Donate



Dine to Donate at Dairy Queen is Tuesday, February 25th!

Mark Your Calendar



- Feb. 6 – PTO Meeting at 6:30
- Feb. 17 – President’s Day – No school
- Feb. 27 – Multi-Cultural Fair

Library



Season's Reading Reminder

We hope students had a wonderful time reading all their library books over break. Please return books to the LMC ASAP. If you have lost or damaged a book please contact Mrs. Martin.

Book Celebration Sign Up

Information about Oakland's Book Celebration program has been sent home. Please return the bottom portion if you wish to participate this year!

Volunteers

A HUGE thank you to all the LMC volunteers. The Oakland library appreciates every little thing they do. We are especially thankful for the extra hands that helped resshelf a few thousand books!

Battle of the Books

Just a reminder that all applications are due on Thursday, January 9th. Students will be notified on Friday, January 10th if they have been selected to join the team!

PTO News



There is no PTO meeting in January, please join us at our next meeting on February 6th.

If you have any gently used Oakland Spirit Wear that you or your children don't wear anymore, you can donate to the school.

Read-a-Thon will start on January 10!

Nurse's Corner



Attendance Matters: School success goes hand in hand with good attendance.

All **kindergartners and second graders** are required to turn in a **dental exam** to school nurse by May 15th, 2020.

- I encourage all 5th grade parents to schedule your appointment for your 6th grade school physical and immunizations. Every child entering 6th grade will need these before starting school in the fall.
- Students who have a fever of 100 degrees or above, diarrhea, a contagious rash or illness, or vomiting should not attend school. They should be free of the illness or condition for 24 hours before returning to school.
- Medications (**even over the counter medications like:** Tylenol, Tums, cough drops, and throat lozenges) a child takes during the day at school must be ordered by a physician. Forms are available online or at school. Parents may come to school at any time to administer medication without a doctor's order. Encourage your children to wash their hands often, especially before eating, and anytime they cough or sneeze into their hands.
- Lastly, as weather turns colder, please be sure your child is dressed appropriately for the weather. Remember, students go outside for 20 minutes every day the wind chill is 20 degrees or warmer. They will need a warm coat, hat, and gloves/mittens to protect them from the cold. If your child needs any of these items, please let me know, I do have a few extras.
- If you have, any questions please feel free to call or email me, Nurse Colleen
- 309-662-4302 or spaniolc@district87.org

Transportation Reminders

Transportation Reminders

District 87
Schools

The Child Passenger Protection Act requires that all children under age 8 be properly secured in an appropriate child safety restraint system.

Cell Phones

Illinois law prohibits the use of hand-held cellphones, texting or using other electronic communication devices while operating a motor vehicle. Hands-free devices or Bluetooth technology is allowed for persons age 19 and over.

Using a cellphone while holding the device and utilizing the speaker phone is not considered hands free and is a violation of Illinois Law.

Please refrain from all cell phone use in school drives and lots.

Ages 4-8

- Children should be secured in a forward-facing safety seat with an internal harness system until they reach the upper height or weight limit allowed by the car seat manufacturer. When a child outgrows the forward-facing seat, he or she may transition to a belt-positioning booster seat.
- Booster seats must be used with the vehicle's lap and shoulder belt, never just a lap belt.
- The lap belt should lie low across the upper thighs, not the stomach. The shoulder belt should rest snugly across the shoulder and chest, not across the neck or face.
- The top of the child's ears should not be above the top of the back of a booster seat with a back.
- If using a backless booster seat, the vehicle's head restraint must be positioned properly.
- Secure the booster seat with the vehicle's seat belt when not in use.

Ages 8-12

- Children should stay in a belt-positioning booster seat until they are tall enough to properly fit in an adult lap/shoulder belt.
- The vehicle lap belt must lie low across the upper thighs, not the stomach. The shoulder belt should rest snugly across the shoulder and chest, not across the neck or face.
- The child's back and hips should be against the back of the vehicle seat, without slouching.
- Knees should bend easily over the front edge of the vehicle seat with the feet flat on the floor.

Child Passenger Safety Tips

- Keep children in rear-facing safety seats as long as possible.
- **Keep children in the back seat at least through age 12.**
- Never place a rear-facing safety seat in front of an active airbag.
- A used safety seat may not be safe unless you know the history of the seat and all labels, parts and instructions are present.
- Always register your safety seat with the manufacturer so you can be notified of recalls.
- Do not use a safety seat that is more than six years old or past the expiration date stamped on the seat.
- Non-regulated products such as toys attached to the safety seat, mirrors, window shades and belt tightening tools are not recommended unless the safety seat manufacturer allows their use.
- All objects in the vehicle should be stowed in the trunk or tied down, as they can become projectiles if a crash or sudden stop occurs.

For more information, visit www.cyberdriveillinois.com/departments/drivers/childsafety.html.


January Calendar
January 2020


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WINTER BREAK – NO SCHOOL	WINTER BREAK – NO SCHOOL	1 WINTER BREAK – NO SCHOOL	2 WINTER BREAK – NO SCHOOL	3 WINTER BREAK – NO SCHOOL	
	6 School Improvement Day - No School	7	8	9	10	
	13 MAP TESTING	14 MAP TESTING	15 MAP TESTING	16 MAP TESTING	17 MAP TESTING	
	20 NO SCHOOL- Martin Luther King Jr. Day	21 Frozen theme lunch ~ Kristoff (Mac & cheese), Olaf carrot noses, and snow blueberries	22	23	24	
	27	28	29	30	31	

January School Lunch Menu

January 2020

Elementary Menu

LUNCH

Monday 

SCHOOL IMPROVEMENT 6

Breaded Drumstick
Potato Smiles
Biscuit
Fruit
Milk

13

Soft Shell Taco
Taco Fiesta Beans
Shredded Cheddar
Salsa
Fruit
Milk

14

Orange Chicken w/ Rice
Edamame
Fortune Cookie
Fruit
Milk

7



Tuesday

20

HOLIDAY

27

Rib BQ on Bun
Broccoli w/ Cheese
Fruit
Milk

21

Lasagna
Tossed Salad
Garlic Knot
Fruit
Milk

28

Orange Chicken w/ Rice
Edamame
Fortune Cookie
Fruit
Milk

29

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

22

Hot Dog on Bun
Baked Beans
Fruit
Milk

23

Chicken Nuggets
Mashed Potatoes
Fruit
Milk

15

Mini Corn Dogs
Green Beans
Fruit
Milk

22

Hot Dog on Bun
Baked Beans
Fruit
Milk

29

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

8

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

15

Mini Corn Dogs
Green Beans
Fruit
Milk

22

Hot Dog on Bun
Baked Beans
Fruit
Milk

29

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

1

NON ATTENDANCE DAY

8

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

15

Mini Corn Dogs
Green Beans
Fruit
Milk

22

Hot Dog on Bun
Baked Beans
Fruit
Milk

29

Nachos
Salsa
Starchy Vegetable
Cheese Cup
Fruit
Milk

Wednesday

2

NON ATTENDANCE DAY

9

Chicken Tenders
Sweet Taters
Animal Crackers
Fruit
Milk

16

Breaded Chicken on Bun
Sun Chips Mix
Parmesan Flavored California
Blend
Fruit
Milk

23

Chicken Nuggets
Mashed Potatoes
Fruit
Milk

30

Chicken Tenders
Sweet Taters
Animal Crackers
Fruit
Milk

4

NON ATTENDANCE DAY

11

French Toast Sticks
Tri-tators
F&V Slush
Syrup Pancake Cup
Fruit
Milk

18

Cheese Pizza
Romaine Lettuce
Cup
Snickerdoodles
Fruit
Milk

25

Cheese Stuffed Breadstick
Marinara Cup
Brownie
Other Vegetable
Fruit
Milk

31

French Toast Sticks
Tri-tators
F&V Slush
Syrup Pancake Cup
Fruit
Milk

Friday

3

NON ATTENDANCE DAY

10

French Toast Sticks
Tri-tators
F&V Slush
Syrup Pancake Cup
Fruit
Milk

17

Cheese Pizza
Romaine Lettuce
Cup
Snickerdoodles
Fruit
Milk

24

Cheese Stuffed Breadstick
Marinara Cup
Brownie
Other Vegetable
Fruit
Milk

31

French Toast Sticks
Tri-tators
F&V Slush
Syrup Pancake Cup
Fruit
Milk

Online Menu: <https://district87.mutualica.com/>

Follow Us:

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Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.
Reference: Eat Right