



## eLearning Day Overview and FAQs for K-12 Families

| QUESTION  | EXPLANATION  |
|---|--|
| <p>What is an eLearning Day and why did District 87 choose to implement this practice?</p>            | <p>eLearning Days are intended to provide access to learning on days when there are school cancellations. While these days cannot replace the face-to-face time students have with their teachers, it can provide continuous learning when school is cancelled. eLearning Days also eliminate the need for makeup days at the end of the school year. Last year, we surveyed families and over 85% of the respondents said they valued the eLearning day option.</p>   |
| <p>What will a typical eLearning day look like for a student in kindergarten through fifth grade?</p> | <p>Lessons will be sent home by your teacher prior to an eLearning day. Please keep these materials in a safe place in case an eLearning day is needed. Materials will also be posted on your school's website. Teachers will create lessons for the following subjects:</p> <ul style="list-style-type: none"> <li>• 60 min. each: ELA and Math</li> <li>• 30 min. each: Art, PE, Music, Social Studies, Science and IMC.</li> </ul>  |
| <p>What will a typical eLearning day look like for a student in 6-12th grade?</p>                     | <ul style="list-style-type: none"> <li>• Students in grades 6-12 will utilize their district-issued computer or personal device in order to access their assignments and expectations on an eLearning Day. Staff will post their course expectations by 8:30 a.m. on the eLearning day. Students will access materials as they do normally via email, Google Classroom or other portal.</li> <li>• Course work may include but is not limited to online discussions, quizzes/assessments, online readings, completing assignments using digital resources. In some cases, students may be directed to complete offline activities such as textbook readings or other assignments.</li> </ul> |
| <p>What if I'm not available during the day to assist my student?</p>                                 | <p>Students should be able to complete lessons by themselves. Students need to complete assignments before returning to school. This allows families to decide when and where the work can be completed.</p>   |
| <p>How will my family be notified that schools are closed and eLearning days are in place?</p>        | <p>The District will inform families of an eLearning day through:</p> <ul style="list-style-type: none"> <li>• Skylert (Automated Phone call)</li> <li>• Skyward Messenger (announcement in Skyward)</li> <li>• Facebook /Twitter/Instagram</li> <li>• Media outlets (WJBC, Pantagraph)</li> </ul>   |

|  |   |
|--|---|
|  | <ul style="list-style-type: none"> <li>● District website</li> </ul>  |
| Will attendance be taken?  | Attendance will be based on the completion of the work for eLearning Days. If your student does not have the necessary resources to complete the assignment, please let the teacher know.   |
| When and how will teachers be available to answer questions?         | Teachers will be available via email, Skyward or REMIND during an eLearning day from 8:30-1:30. They will inform you of the best method to reach them in the eLearning materials.   |
| How long is my student expected to work?                             | <p>K-5 students:</p> <ul style="list-style-type: none"> <li>● 60 minutes each: ELA and Math</li> <li>● 30 minutes each: Art, PE, Music, Social Studies, Science and IMC.</li> </ul> <p>6-12: Approximately 43 minutes for each class period</p> <p>Some assignments will not take all students the entire time. If you feel your student is struggling to complete the work on time, please let the teacher know.</p>   |
| What if my student doesn't complete the assignments?                 | If your student is not able to complete assignments on an eLearning day, please let your student's teacher know. They will be considered absent on that day and the teacher's makeup policy will be enforced.   |
| What about students who are Language Learners?                       | Directions will be translated and sent home by the classroom teacher.   |
| What about students with Individualized Education Plans (IEPs)?      | Special education students will be provided with assignments that meet the requirements as outlined in their Individualized Education Plan (IEPs).  |
| How can families give feedback to the district about eLearning Days? | District 87 values family input and will send out a survey at the completion of an eLearning day for feedback.  |
| Who do we contact for tech support with a district-issued device?    | <p>District 87 will operate a technical helpdesk which can be accessed by all users in the following ways:</p> <ul style="list-style-type: none"> <li>● <a href="https://helpdesk.district87.org">https://helpdesk.district87.org</a></li> <li>● Call 309.828.7115</li> <li>● Zoom support at <a href="https://district87.zoom.us/my/elearnsupport">https://district87.zoom.us/my/elearnsupport</a></li> </ul> <p>If the power or internet goes out, please let your child's teacher know via written notice or phone call when possible.</p> |

Day # 1 Pick 4 activities and 1 special  
 READ WRITE PRACTICE MOVE EXPLORE (PE, Art, library, Music)

|  |  |                                 |  |   |
|--|--|---------------------------------|--|---|
| Read your word cards   | Handwriting (Letters)                                | Practice counting to 100 by 1s  | <u>Exercise by 10s</u><br>*jumping jacks<br>*toe touches<br>*push-ups<br>*sit-ups<br>*squats<br>*arm circles | Play a game   |
| Circle high frequency words in a section of the newspaper or a flyer | Write the room                                       | Practice counting to 100 by 10s | Dance to your favorite song  | Draw a picture of what you see outside and write 2 sentences. |
| LIBRARY  | ART  | FREE                            | PE   | MUSIC   |
| Read a story   | Draw a picture of your family and write 2 sentences. | Practice counting to 50 by 5s   | Do an extra chore to help your family  | Build 2D shape(s) out of tongue depressors                    |
| Listen to a story  | Write (brave spell) 5 words that begin with s        | Write numbers to 20 or 50       | Make your bed  | Place a bowl of water outside and record what happens         |

Day # 2 pick 4 different activities and 1 special

READ WRITE PRACTICE MOVE EXPLORE

|  |  |                                 |  |   |
|--|--|---------------------------------|--|---|
| Read your word cards   | Handwriting (Letters)                                | Practice counting to 100 by 1s  | <u>Exercise by 10s</u><br>*jumping jacks<br>*toe touches<br>*push-ups<br>*sit-ups<br>*squats<br>*arm circles | Play a game   |
| Circle high frequency words in a section of the newspaper or a flyer | Write the room                                       | Practice counting to 100 by 10s | Dance to your favorite song  | Draw a picture of what you see outside and write 2 sentences. |
| LIBRARY  | ART  | FREE                            | PE   | MUSIC   |
| Read a story   | Draw a picture of your family and write 2 sentences. | Practice counting to 50 by 5s   | Do an extra chore to help your family  | Build 2D shape(s) out of tongue depressors                    |
| Listen to a story  | Write (brave spell) 5 words that begin with s        | Write numbers to 20 or 50       | Make your bed  | Place a bowl of water outside and record what happens         |

Day # 3 pick 4 different activities and 1 special

READ

WRITE

PRACTICE

MOVE

EXPLORE

|  |  |                                 |  |   |
|--|--|---------------------------------|--|---|
| Read your word cards   | Handwriting (Letters)                                | Practice counting to 100 by 1s  | <u>Exercise by 10s</u><br>*jumping jacks<br>*toe touches<br>*push-ups<br>*sit-ups<br>*squats<br>*arm circles | Play a game   |
| Circle high frequency words in a section of the newspaper or a flyer | Write the room                                       | Practice counting to 100 by 10s | Dance to your favorite song  | Draw a picture of what you see outside and write 2 sentences. |
| LIBRARY  | ART  | FREE                            | PE   | MUSIC   |
| Read a story   | Draw a picture of your family and write 2 sentences. | Practice counting to 50 by 5s   | Do an extra chore to help your family  | Build 2D shape(s) out of tongue depressors                    |
| Listen to a story  | Write (brave spell) 5 words that begin with s        | Write numbers to 20 or 50       | Make your bed  | Place a bowl of water outside and record what happens         |

Day # 4 pick 4 different activities and 1 special

READ

WRITE

PRACTICE

MOVE

EXPLORE

|  |  |                                 |  |   |
|--|--|---------------------------------|--|---|
| Read your word cards   | Handwriting (Letters)                                | Practice counting to 100 by 1s  | <u>Exercise by 10s</u><br>*jumping jacks<br>*toe touches<br>*push-ups<br>*sit-ups<br>*squats<br>*arm circles | Play a game   |
| Circle high frequency words in a section of the newspaper or a flyer | Write the room                                       | Practice counting to 100 by 10s | Dance to your favorite song  | Draw a picture of what you see outside and write 2 sentences. |
| LIBRARY  | ART  | FREE                            | PE   | MUSIC   |
| Read a story   | Draw a picture of your family and write 2 sentences. | Practice counting to 50 by 5s   | Do an extra chore to help your family  | Build 2D shape(s) out of tongue depressors                    |
| Listen to a story  | Write (brave spell) 5 words that begin with s        | Write numbers to 20 or 50       | Make your bed  | Place a bowl of water outside and record what happens         |

Day # 5 pick 4 different activities and 1 special

READ WRITE PRACTICE MOVE EXPLORE

|  |  |                                 |  |   |
|--|--|---------------------------------|--|---|
| Read your word cards   | Handwriting (Letters)                                | Practice counting to 100 by 1s  | <u>Exercise by 10s</u><br>*jumping jacks<br>*toe touches<br>*push-ups<br>*sit-ups<br>*squats<br>*arm circles | Play a game   |
| Circle high frequency words in a section of the newspaper or a flyer | Write the room                                       | Practice counting to 100 by 10s | Dance to your favorite song  | Draw a picture of what you see outside and write 2 sentences. |
| LIBRARY  | ART  | FREE                            | PE   | MUSIC   |
| Read a story   | Draw a picture of your family and write 2 sentences. | Practice counting to 50 by 5s   | Do an extra chore to help your family  | Build 2D shape(s) out of tongue depressors                    |
| Listen to a story  | Write (brave spell) 5 words that begin with s        | Write numbers to 20 or 50       | Make your bed  | Place a bowl of water outside and record what happens         |

Name \_\_\_\_\_

Write 5 words that begin with the letter 'S'.

1.

2.

3.

4.

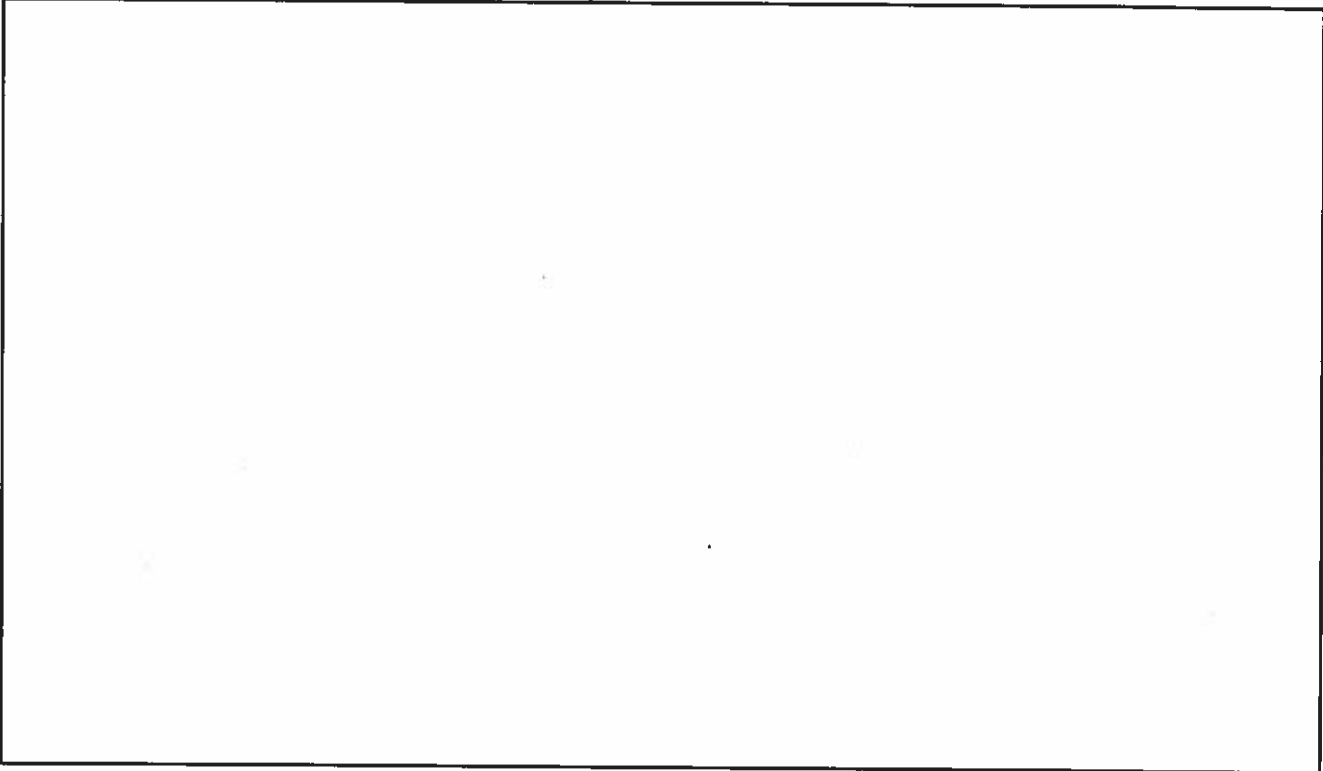
5.



Name \_\_\_\_\_

Draw a picture of your family.

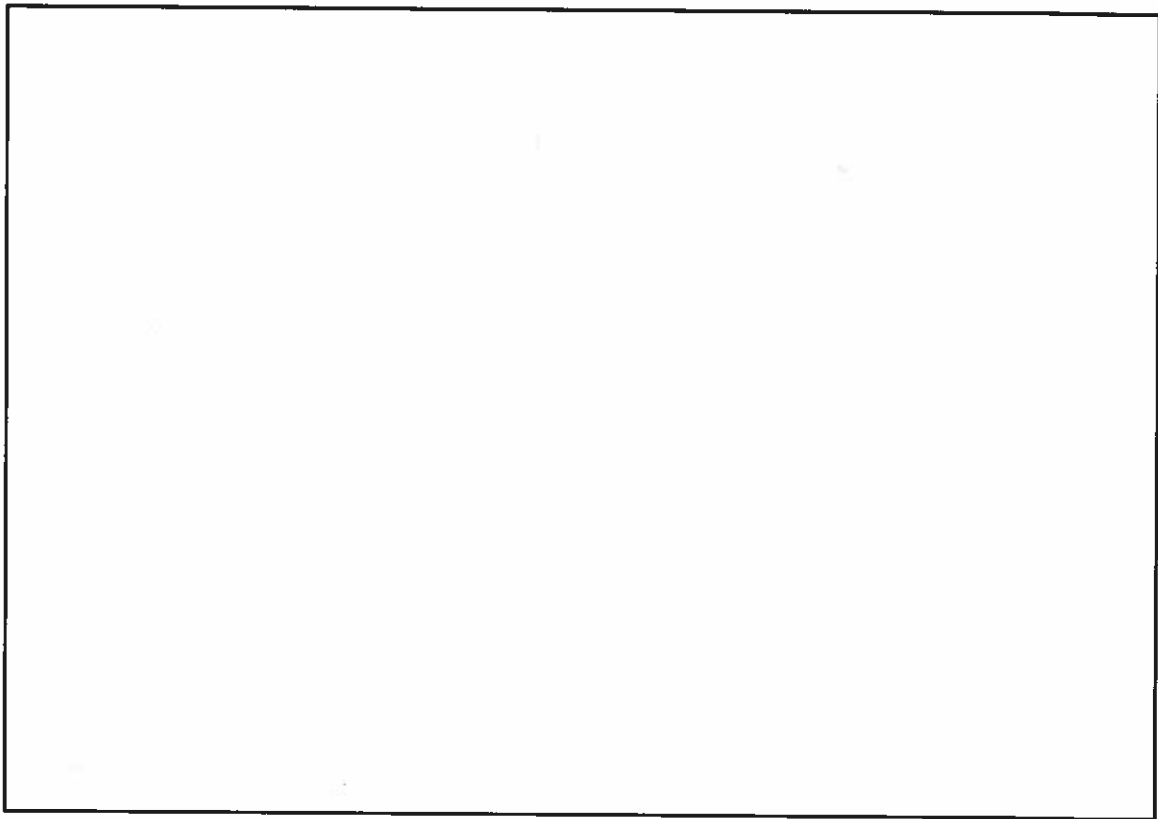
Write 2 sentences about your picture.



Four sets of primary writing lines, each consisting of a solid top line, a dotted midline, and a solid bottom line, for writing two sentences about the drawing.

Name \_\_\_\_\_

What happens when you place a bowl of water outside in the cold? Record your answer below.



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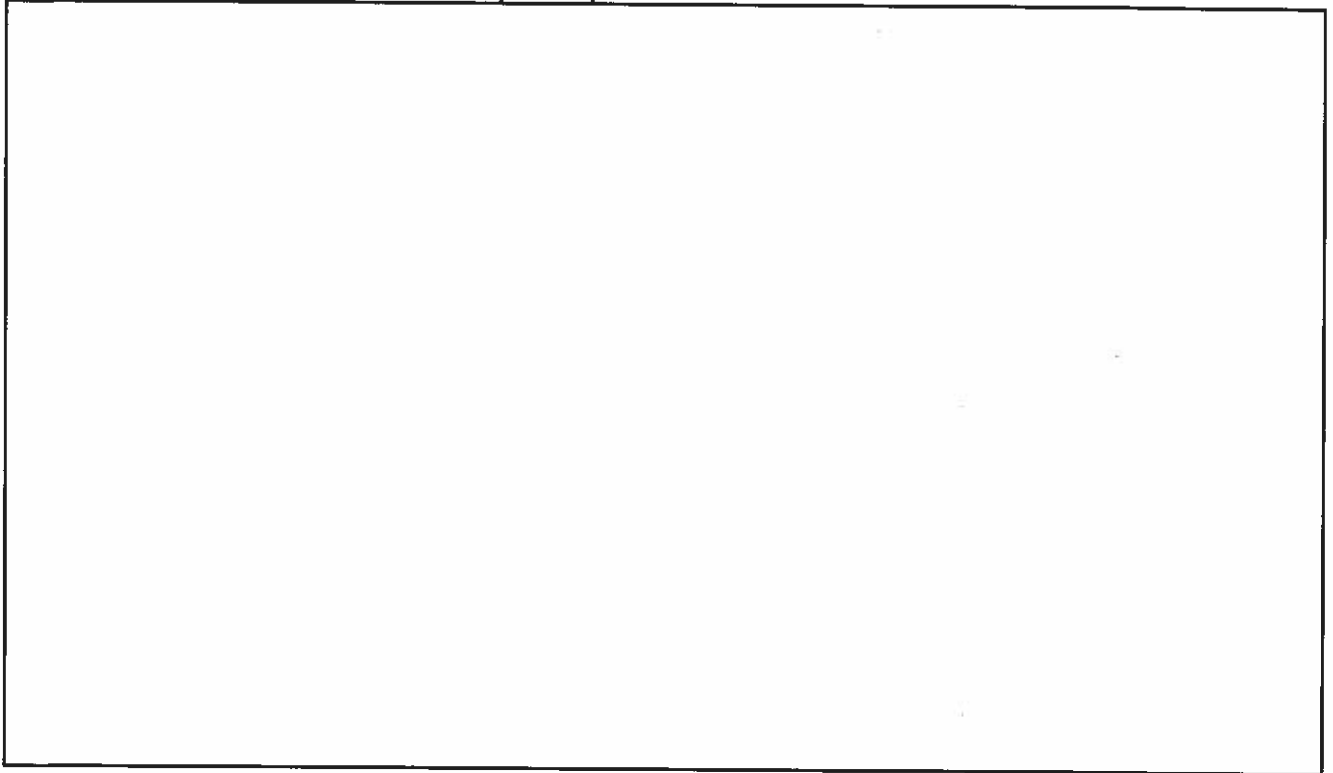
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Name \_\_\_\_\_

Look outside and draw a picture of what you see.

Write 2 sentences about your picture.



Four sets of primary writing lines, each consisting of a solid top line, a dotted middle line, and a solid bottom line, for writing two sentences.

Name \_\_\_\_\_

Draw and label 6 things around your house.

|  |  |  |
|--|--|--|
|  |  |  |
|  |  |  |
|  |  |  |





Name \_\_\_\_\_

skill: writing the alphabet

Trace over the dotted lines to complete the letters.

A a B b C c D d

E e F f G g H h

I i J j K k L l

M m N n O o P p

Q q R r S s T t

U u V v W w X x

Y y Z z

Name \_\_\_\_\_

skill: writing the letters A-I

Practice writing the letters.

A A A

B B B

C C C

D D D

E E E

F F F

G G G

H H H

I I I



Name \_\_\_\_\_

skill: writing the letters J-R

Practice writing the letters.

J J J

K K K

L L L

M M M

N N N

O O O

P P P

Q Q Q

R R R

Name \_\_\_\_\_

skill: writing the letters S-Z

Practice writing the letters.

S S S

T T T

U U U

V V V

W W W

X X X

Y Y Y

Z Z Z

Name \_\_\_\_\_

skill: writing the letters a-i

Practice writing the letters.

a a a

b b b

c c c

d d d

e e e

f f f

g g g

h h h

i i i

Name \_\_\_\_\_

skill: writing the letters j-r

Practice writing the letters.

j j j

k k k

l l l

m m m

n n n

o o o

p p p

q q q

r r r

Name \_\_\_\_\_

skill: writing the letters s-z

Practice writing the letters.

S S S

T T T

U U U

V V V

W W W

X X X

Y Y Y

Z Z Z

Name

Please practice writing your name.

Handwriting practice lines consisting of multiple sets of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.



## **Alternative Learning Day Activities for ART**

### **Kindergarten**

**Instructions:** Pick one 30 minute Learning Activity for each alternative learning day.

1. Draw a picture using all 6 colors from the color wheel: red, orange, yellow, green, blue, purple.
2. Go on a color hunt with someone. Pick one color. How many different things can you find that have that color in them? For example: How many things can you find that have red in them? Pick another color and find things with that color too.
3. Go on a shape hunt with someone. Try to find these things: Find 5 objects that have rectangles (like windows can have rectangle shapes in them), 5 objects that have circles, 5 that have squares, and 5 that have triangles.
4. Go on a 3D shape hunt with someone. Find 3 cylinders (such as an oatmeal box), 3 objects that are spheres, 3 cones, and 5 rectangular prisms. Can you find any pyramids?

Alternate Lesson Plan KG LMC

Title of Book Read/heard \_\_\_\_\_

Author \_\_\_\_\_

Illustrator \_\_\_\_\_

What was your book about?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Draw a picture of your book.



# Alternative Learning Day Activities

## Kindergarten Music

Tick, Tack, Toe, complete 3 boxes in a row.

### Song Suggestions:

2, 4, 6, 8

Bee Bee Bumble Bee

Engine No. 9

Grizzly Bear

Hey Betty Martin

Hop Old Squirrel

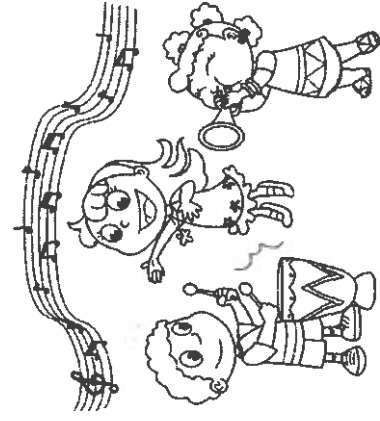
: Climbed Up the Apple Tree

London Bridge

Nanny Goat

Page's Train

|  |   |  |
|--|---|--|
| Sing a song while patting steady on your lap.            | Sing a song fast and then slow.   | Teach your favorite song to someone in your house.                                     |
| Sing a song while marching steady in your feet.          | Sing a song loud and then soft.   | Teach someone in your house your favorite singing game from Music class. Then play it! |
| Sing as song while patting steady anywhere on your body. | Ask someone to choose how you sing a song. Will it be fast, slow, loud or soft? | Find music that everyone in the family enjoys. Then have a dance party.                |



Day 1

# Fitness Bingo

Choose activities to make BINGO or try and fill in your whole BINGO card!

|  |   |   |   |  |
|--|---|---|---|--|
|  <p>15 sit-ups</p>                      |  <p>20 hops side to side</p> |  <p>10 Lunges</p>    |  <p>do some stretches</p>   |  <p>30 sec high knees</p>         |
|  <p>20 windmills</p>                   |  <p>30 sec run in place</p> |  <p>10 push-ups</p> |  <p>down dog pose</p>      |  <p>10 squats</p>                |
|  <p>30 second plank</p>               |  <p>10 toe touches</p>     | <p>FREE</p>   |  <p>15 star jumps</p>     |  <p>make bridges</p>            |
|  <p>Jump rope 2 min</p>               |  <p>bear crawl</p>         |  <p>tree pose</p>  |  <p>20 jumping jacks</p> |  <p>10 jumps forward</p>        |
|  <p>30 sec hop on one foot/switch</p> |  <p>30 second wall sit</p> |  <p>crab walk</p>  |  <p>cobra pose</p>        |  <p>10 giant steps backward</p> |

Day 2

# Fitness Bingo

Choose activities to make BINGO or try and fill in your whole BINGO card!

|  |   |   |   |  |
|--|---|---|---|--|
|  <p>15 sit-ups</p>                      |  <p>20 hops side to side</p> |  <p>10 Lunges</p>    |  <p>do some stretches</p>   |  <p>30 sec high knees</p>         |
|  <p>20 windmills</p>                   |  <p>30 sec run in place</p> |  <p>10 push-ups</p> |  <p>down dog pose</p>      |  <p>10 squats</p>                |
|  <p>30 second plank</p>               |  <p>10 toe touches</p>     | <p><b>FREE</b></p>  |  <p>15 star jumps</p>    |  <p>make bridges</p>            |
|  <p>Jump rope 2 min</p>               |  <p>bear crawl</p>         |  <p>tree pose</p>  |  <p>20 jumping jacks</p> |  <p>10 jumps forward</p>        |
|  <p>30 sec hop on one foot/switch</p> |  <p>30 second wall sit</p> |  <p>crab walk</p>  |  <p>cobra pose</p>        |  <p>10 giant steps backward</p> |

Day 3

# Fitness Bingo

Choose activities to make BINGO or try and fill in your whole BINGO card!

|  |   |   |   |  |
|--|---|---|---|--|
|  <p>15 sit-ups</p>                      |  <p>20 hops side to side</p> |  <p>10 Lunges</p>    |  <p>do some stretches</p>   |  <p>30 sec high knees</p>         |
|  <p>20 windmills</p>                   |  <p>30 sec run in place</p> |  <p>10 push-ups</p> |  <p>down dog pose</p>      |  <p>10 squats</p>                |
|  <p>30 second plank</p>               |  <p>10 toe touches</p>     | <b>FREE</b>   |  <p>15 star jumps</p>     |  <p>make bridges</p>            |
|  <p>Jump rope 2 min</p>               |  <p>bear crawl</p>         |  <p>tree pose</p>  |  <p>20 jumping jacks</p> |  <p>10 jumps forward</p>        |
|  <p>30 sec hop on one foot/switch</p> |  <p>30 second wall sit</p> |  <p>crab walk</p>  |  <p>cobra pose</p>        |  <p>10 giant steps backward</p> |

Day 4

# Fitness Bingo

Choose activities to make BINGO or try and fill in your whole BINGO card!

|  |   |   |   |  |
|--|---|---|---|--|
|  <p>15 sit-ups</p>                      |  <p>20 hops side to side</p> |  <p>10 Lunges</p>    |  <p>do some stretches</p>   |  <p>30 sec high knees</p>         |
|  <p>20 windmills</p>                   |  <p>30 sec run in place</p> |  <p>10 push-ups</p> |  <p>down dog pose</p>      |  <p>10 squats</p>                |
|  <p>30 second plank</p>               |  <p>10 toe touches</p>     | <p>FREE</p>   |  <p>15 star jumps</p>    |  <p>make bridges</p>            |
|  <p>Jump rope 2 min</p>               |  <p>bear crawl</p>         |  <p>tree pose</p>  |  <p>20 jumping jacks</p> |  <p>10 jumps forward</p>        |
|  <p>30 sec hop on one foot/switch</p> |  <p>30 second wall sit</p> |  <p>crab walk</p>  |  <p>cobra pose</p>        |  <p>10 giant steps backward</p> |