

Mindfulness for Educators:  
Practices for the Classroom and Beyond

## Establishing a Trauma-Sensitive Classroom

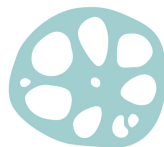
Saturday, Oct 13, 3:00-5:30 pm

Creating a trauma-sensitive learning community is made possible when a teacher is committed to personal self care before professional implementation. We're thrilled to offer you tools and practices to establish a trauma-sensitive classroom in a sustainable way that actually works within the realities of a teacher's maxed out daily schedule. When we have the tools to empower our kids and support ourselves, we have the power to stop trauma in its tracks.

Early-bird Price: \$20 if you register on or before Oct 6. (Registration \$25)  
There is a 5 person minimum for this workshop - invite someone you love!

For more information and to register, see our easy-peasy  
app or website: [RenkonStudio.com/events](http://RenkonStudio.com/events)

Questions? Email us at  
[hello@RenkonStudio.com](mailto:hello@RenkonStudio.com)  
or call 309-808-0755



RENKON  
yoga studio

3907 GE Road, Suite 6  
Bloomington, IL 61704  
[RenkonStudio.com](http://RenkonStudio.com)